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Seeing Double: A New Vision For Living With GravesÃ¢â‚¬â„¢ Disease



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Synopsis

Help! GravesÃ¢â ¬â„¢ Disease is making me crazy and IÃ¢â ¬â„¢m seeing double! All I wanted was to learn how to feel sane again. How to have more than enough energy to get up and get my kids to school! I had to learn to find clarity in my vision, and relief from the intense pressure behind my eyes. I had to acquire skills for taming that inner bitch who is too quick to bite. And perhaps most importantly, how to keep my relationships with friends and lovers intact.GravesÃ¢â ¬â„¢ Disease can take years off of, and love out of, your life. I figured out how to stop that from happening. Within three months, I had formed a plan, and taken my life back. I have been off medication and in remission for three years.This book will teach you the skills you need to manage GravesÃ¢â ¬â„¢ Disease yourself. Using these simple steps I have brought myself back to the life--to the life I love living. Yes, it is as good as it sounds. ActuallyÃ¢â ¬Â¦itÃ¢â ¬â„¢s better.Heather Mae Russell is a writer and Intuitive Wellness Healer. After years of struggling with GravesÃ¢â ¬â„¢ Disease and Thyroid Eye Disease, Heather got down to the business of living with it. Within three months of implementing her research, she went into remission and has stayed there ever since.

Book Information

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